



# UPDATE

LATEST NEWS FROM BRISTON PARISH COUNCIL & THE HIGGINBOTTOM RECREATIONAL CHARITY



STAY  
SAFE!  
STAY AT  
HOME!

WE WISH YOU ALL A VERY HAPPY EASTER!

## HERE TO HELP!

If you are self isolating or shielded and need help with prescriptions, shopping (local), dog walking or even just someone to talk to for a friendly chat, there is a local team of volunteers who are happy to help.

Please call **07737 688345** or **07500 058310** between 9am and 5pm. For more complex needs, and help outside these hours, please call the NNDC helpline on **01263 516000**.

If you are short of food, help may be available from North Norfolk District Council (you do not need to be on benefits to qualify). Please call **01263 516000**.

## VOLUNTEERING

There are a range of volunteering opportunities in the village to help our more vulnerable residents. These include collecting prescriptions, shopping, dog walking, as well as just picking up the phone for a friendly chat.

You will need to register as a volunteer with NNDC and one of our team will contact you to find out how you are able to help. Please see the Covid-19 page on our website ([www.bristonparishcouncil.org](http://www.bristonparishcouncil.org)) for details.

Welcome to this special edition of our village newsletter. It has been put together to give you some ideas of what you can do during the current lockdown, information on local services, messages of encouragement and some funnies.

If you have anything you would like to contribute to future editions, please email it to: [parish-council@briston-norfolk.org.uk](mailto:parish-council@briston-norfolk.org.uk).

**Clap for the NHS:** Join your friends, neighbours and the rest of the country every Thursday at 8pm. Stand in your garden or open a door or window and clap, cheer, whistle and shout to show your support.

**Paint a Rainbow for your Window:** Help brighten up Briston with a rainbow in your window. We can all paint one, not just the kids!

**Home Disco:** Sophie Ellis Baxter runs a free disco on her Instagram page.

**Improve Your Maths:** Carol Vorderman has masses of maths related things to do on her free website – [www.mathsfactor.com](http://www.mathsfactor.com).

**Daily Funnies:** Mick will send you his daily funnies to make you laugh or groan. Sign up at [emjmusic@waitrose.com](mailto:emjmusic@waitrose.com).

**Keep Britain Tidy – Love Where You Live Campaign:** improving the environment on your doorstep – [www.KeepBritainTidy.org](http://www.KeepBritainTidy.org).

**Exercise:** tune in every day to Joe Wicks on YouTube.

This is a short list of things that you may like to do. There are many, many others. Do email in your favourites to: [parish-council@briston-norfolk.org.uk](mailto:parish-council@briston-norfolk.org.uk).



# SHOPS & SERVICES

Our local shops are all open. Please contact them direct for opening hours as these do change.

**H V Graves Baker and Family Butchers**  
Telephone: 01263 860333  
Email: [info@hvgraves.co.uk](mailto:info@hvgraves.co.uk)

**Co-op Briston**  
Telephone: 01263 862411

**Co-op Melton Constable**  
Telephone: 01263 862380

**Norfolk Sea Larder**  
Telephone: 01263 862991

**Briston Herd of Aberdeen Angus**  
Telephone: 01263 862734

**Van der L Feeds**  
Telephone: 01263 860335

In an emergency the following companies can be called on:

**Electrical**  
Wyer Electrical Services Ltd.  
Mobile: 07798 691145

**Plumbing and Building**  
Mike Page Plumbing and Building Services  
Mobile: 07747 067257  
Email: [page23@btinternet.com](mailto:page23@btinternet.com)

**Pest Management**  
Ivan's Pest Management  
Mobile: 07534 455301  
Email: [ivanallenpestcontrol@gmail.com](mailto:ivanallenpestcontrol@gmail.com)

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# EASTER MESSAGES

Dear Friends,

I hope that this message finds you all well, and coping with life in lockdown. As I talk to people, it's great to hear the many stories of people helping each other and helping their neighbours and the wider community.

This year, we commemorate possibly the strangest Easter in all our lifetimes. However, while being confined to our homes, we can again recall the Easter story of Jesus' death by crucifixion, his burial and resurrection from the dead. And of course, there are parallels between the events of Easter morning and our own situation. Like us, the followers of Jesus were in effect in lockdown, hiding in their homes from the authorities. There was no mass gathering at the empty tomb to celebrate the resurrection, just a solitary woman who had been brave enough to venture out.

As a Christian, I am convinced that through his death and resurrection Jesus has brought about a whole new start for us all with God who created us. In our Covid-19 world full of worry, sadness, difficulty, pain and despair, the Easter message tells us that in God, through Jesus Christ, there is comfort, new life and hope for us all, and that we will emerge out of our present darkness into light and new life.

May the Risen Lord Jesus fill your hearts and lives with his peace and his love this Eastertide and always. As you remain in the safety of your home, may you have a peaceful and blessed Easter.

*Rev. Jeremy Sykes*

If you are in isolation and need any kind of assistance, or if you are worried or lonely and would like to talk to someone from Briston Parish Church please do not hesitate to contact either:

Jeremy at the Vicarage – telephone: 01263 860280  
Email: [Briston.Vicarage@gmail.com](mailto:Briston.Vicarage@gmail.com)

Carol (Reader – Church of England lay minister) – telephone: 01263 860628  
Email: [carolynsexton97@gmail.com](mailto:carolynsexton97@gmail.com)

So this year, under current guidelines, wanting to stay safe and protect others, many churches are gearing up to celebrate Easter in a very different way than would normally be the case. Some are technology savvy and have set up worship online either for their own fellowships or indeed for a wider audience. Others have prepared a worship sheet and sent that out to their people so even when they are not together, they are still a fellowship.

There will be no walks of witness, or services on Good Friday. There will be no gatherings to welcome the sunrise, sharing fellowship in breakfast or official Easter Sunday worship inside our churches. Even though this will be the case, this does not mean that the words 'He is Risen' are any less the truth. For no matter where a Christian is, either in church, going about what would be their normal daily routine, or staying at home in this current normal the words 'He is Risen' are still the same. Those words remind Christians that Jesus paid the ultimate price, but he then defeated death when he rose again. The words 'He is Risen' remind Christians that they are never alone, especially in these days when we are called to stay in our own homes and be away from family and friends.

*Gemma Allen, Salvation Army Corps Officer Briston*

